

Water Safety

Coloring Book



Protecting 12 miles of ocean beach on LBI since 1936

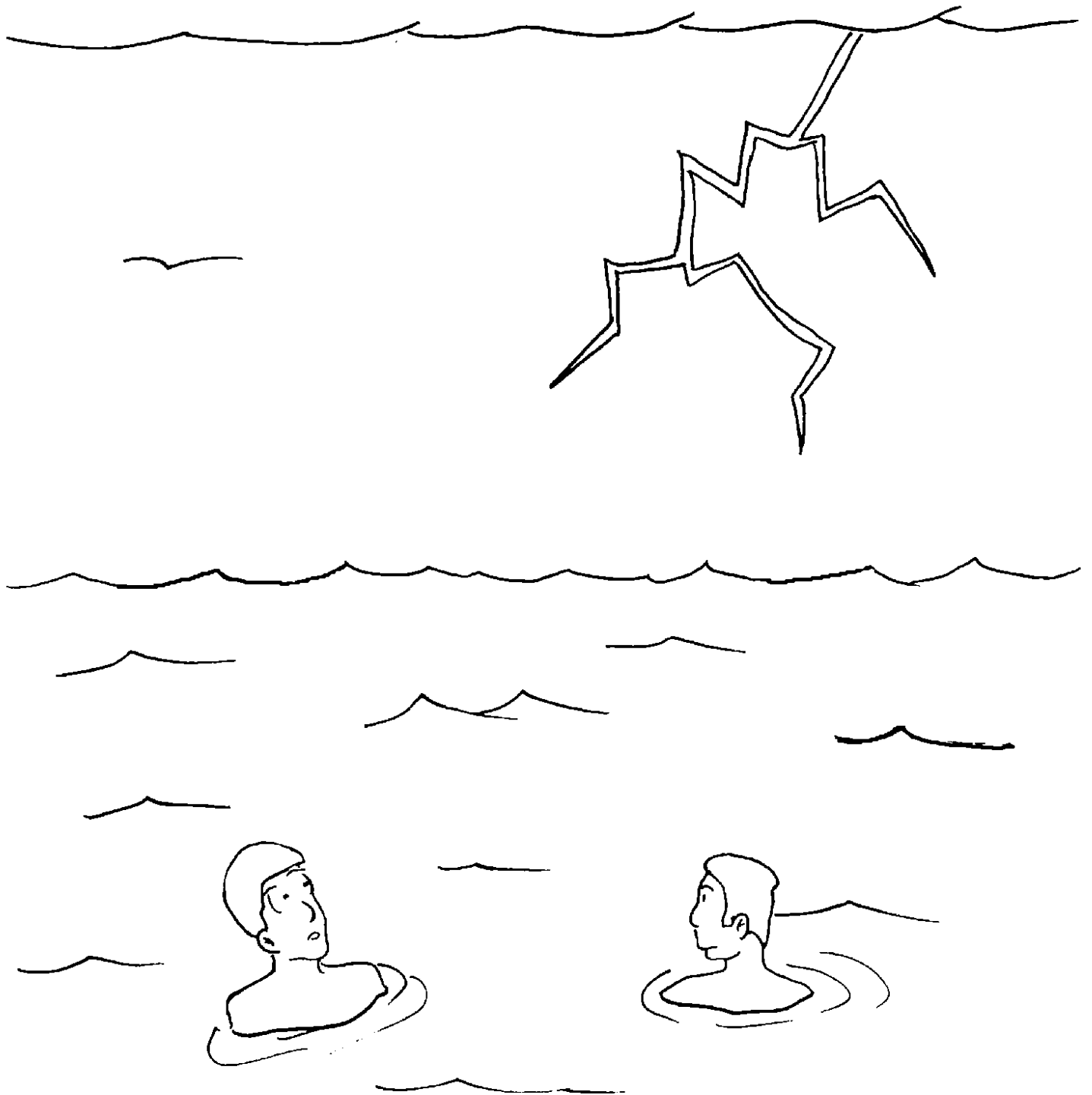
Illustrated by Mike Spinka
Production Assisted by Chris Connors



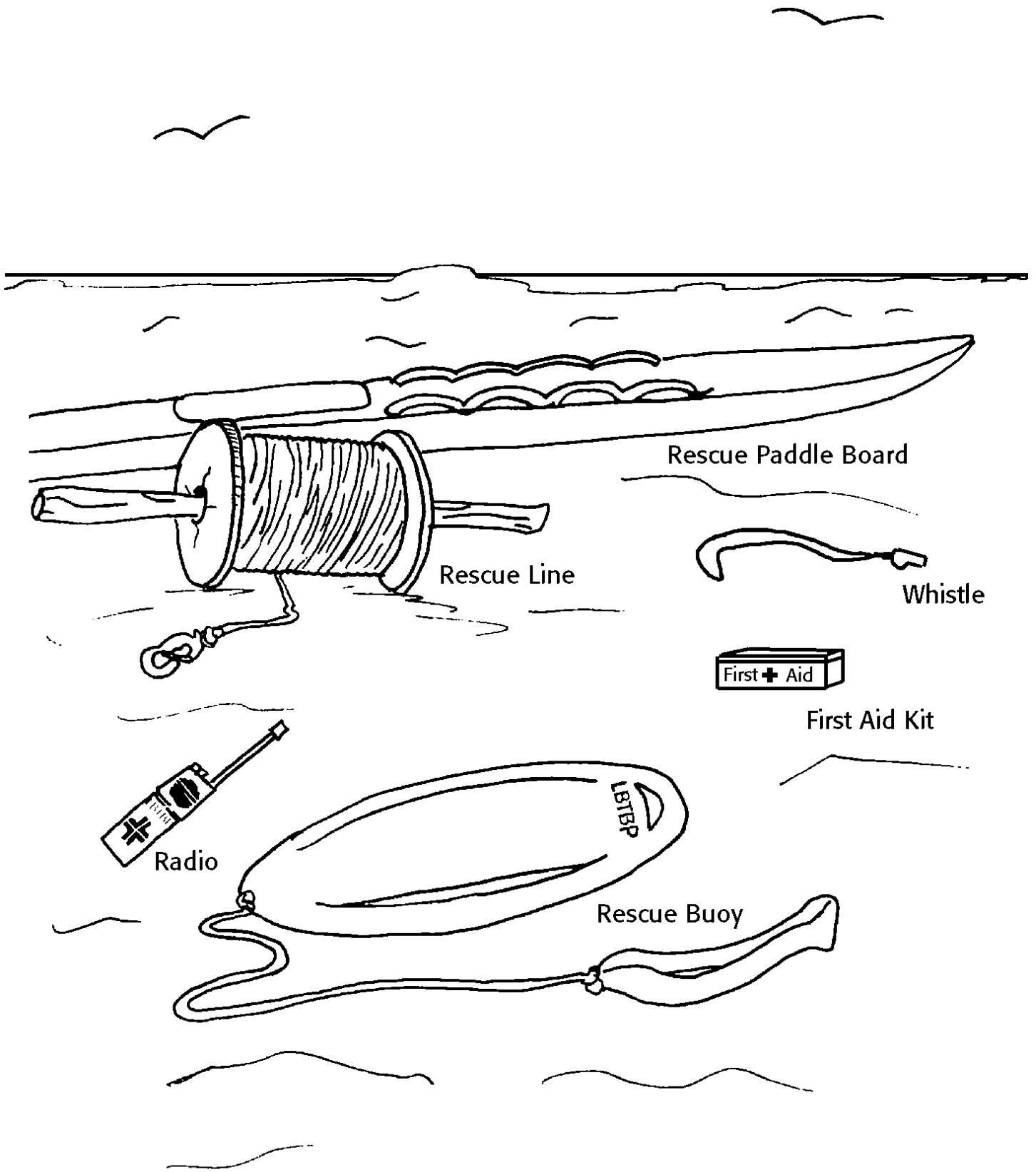
The Lifeguard In Training Program teaches kids about lifeguarding.



If you get into trouble, call for help.



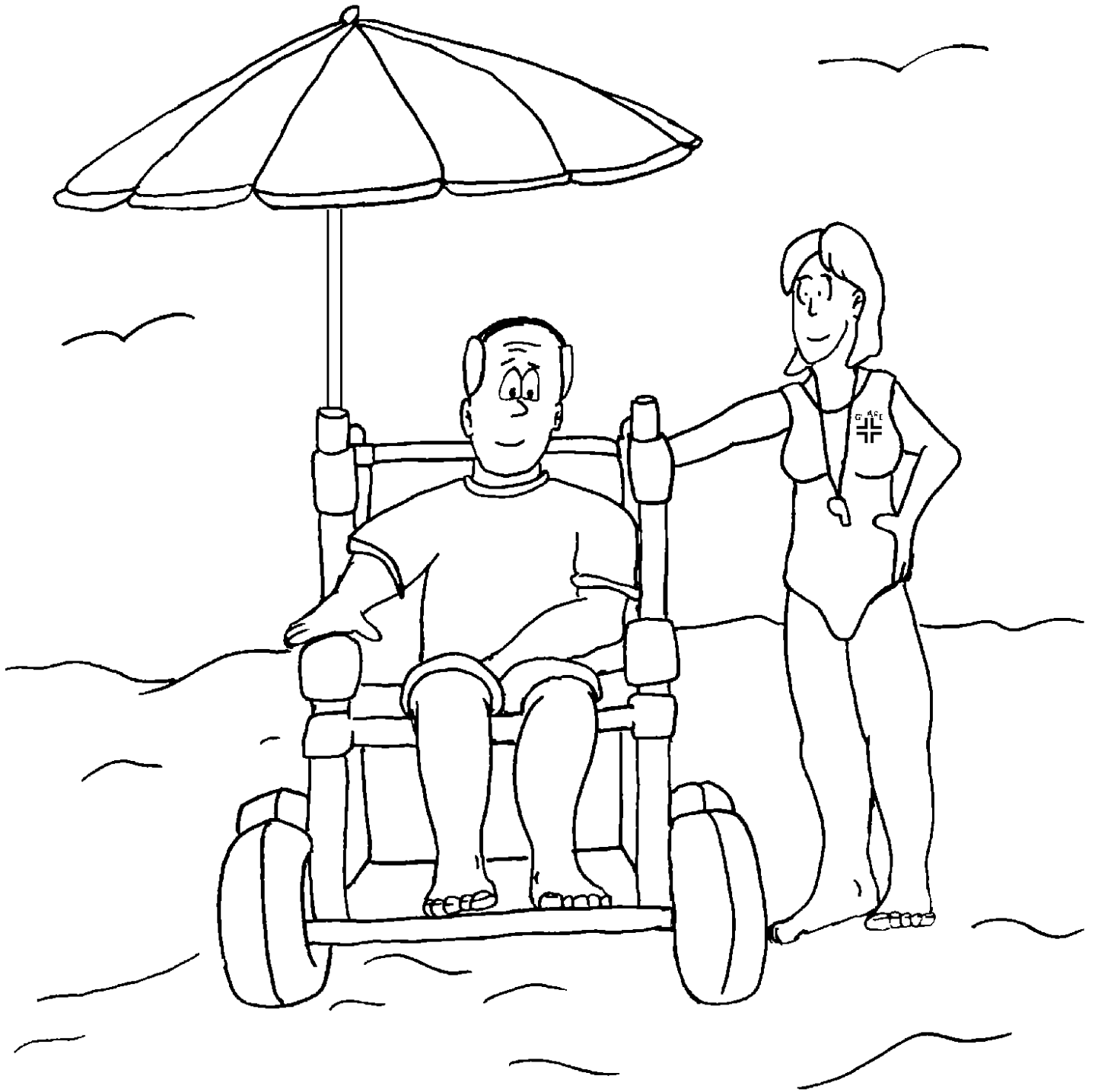
Get out of the water if you see lightning or hear thunder.



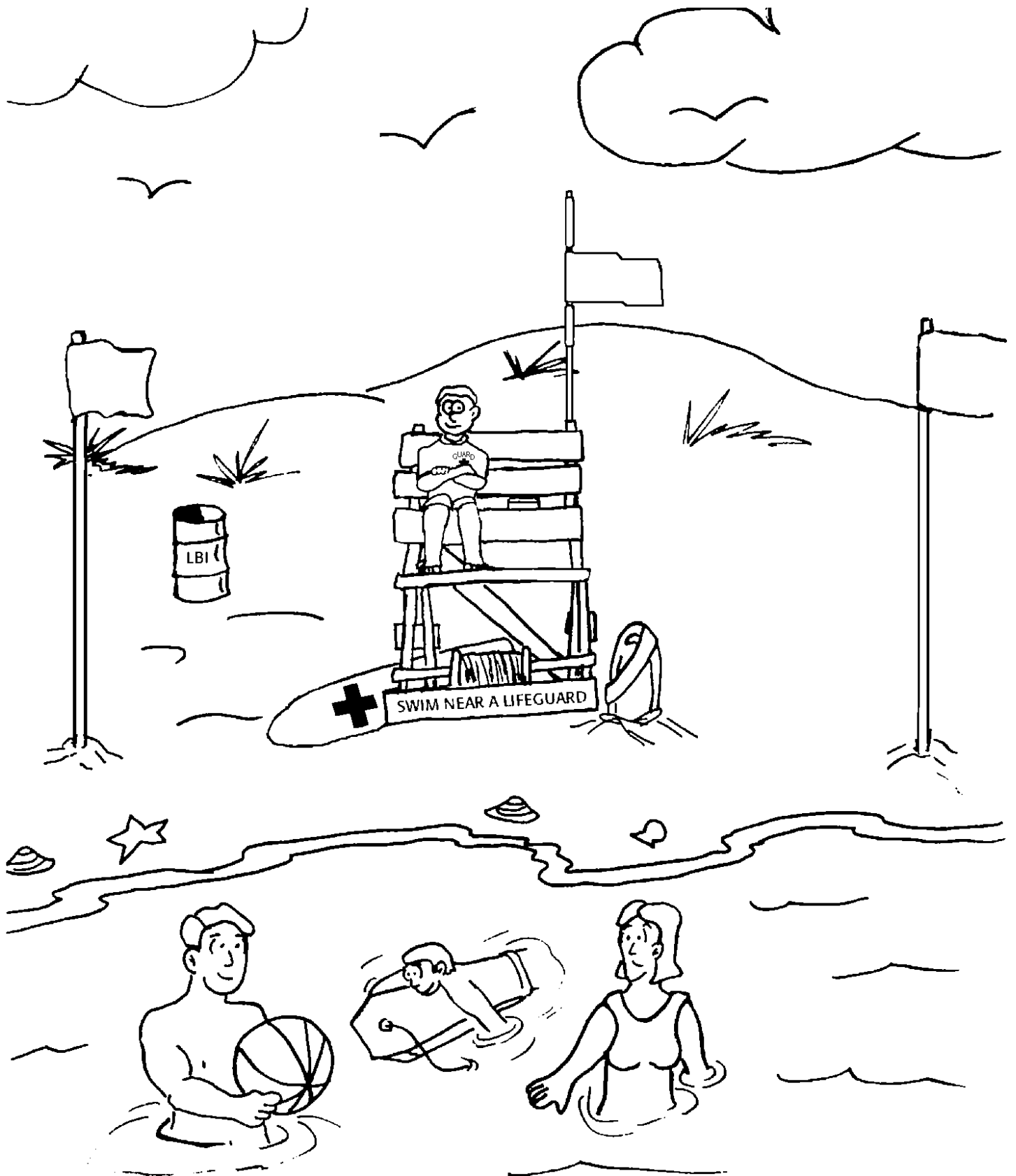
Lifeguards use many kinds of rescue equipment.



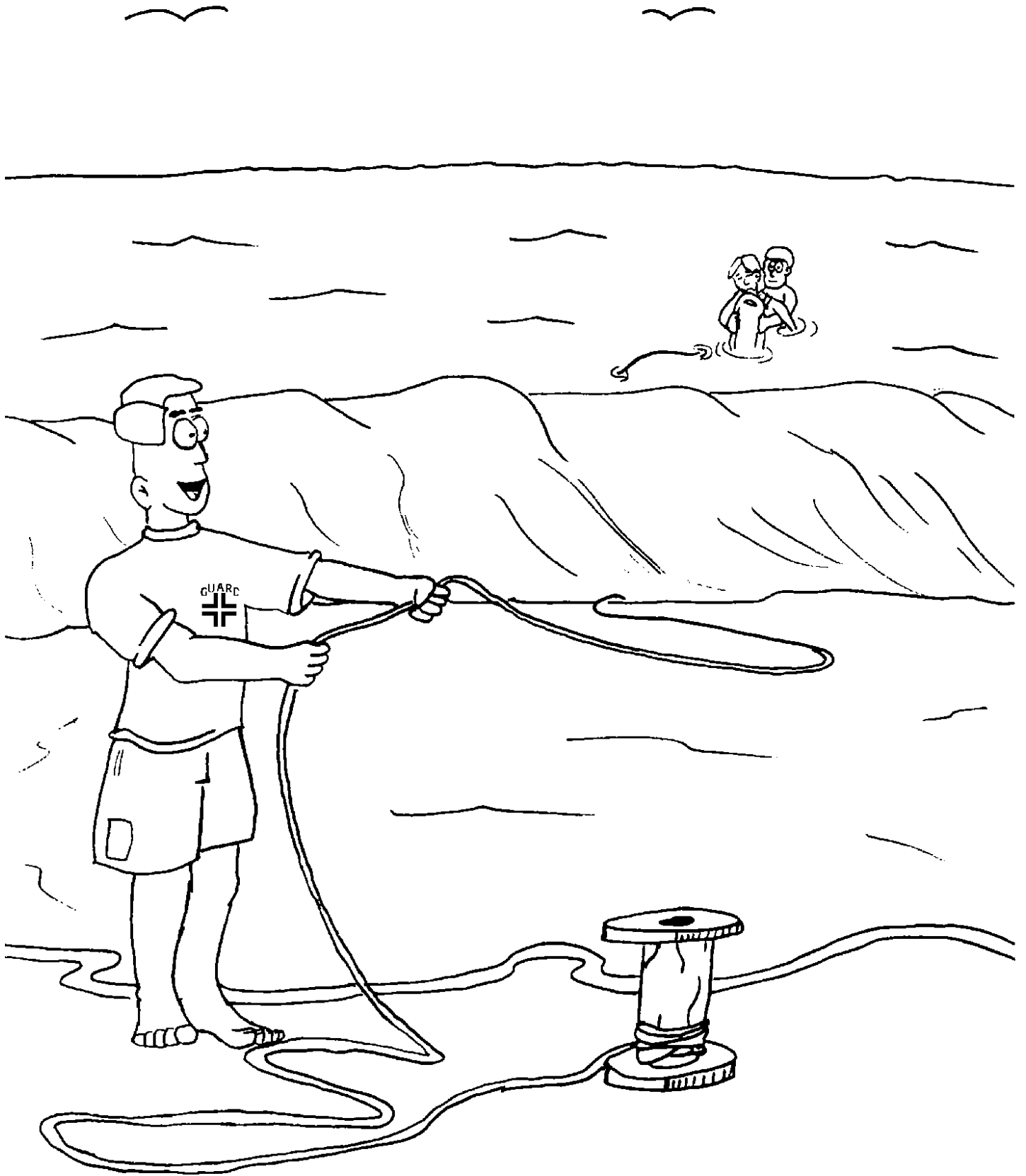
Keep off the sand dunes. They are nature's way of protecting Long Beach Island from the Atlantic Ocean.



The beachwheels program allows people with disabilities to spend time on the beach.



Always swim in front of the lifeguard stand.



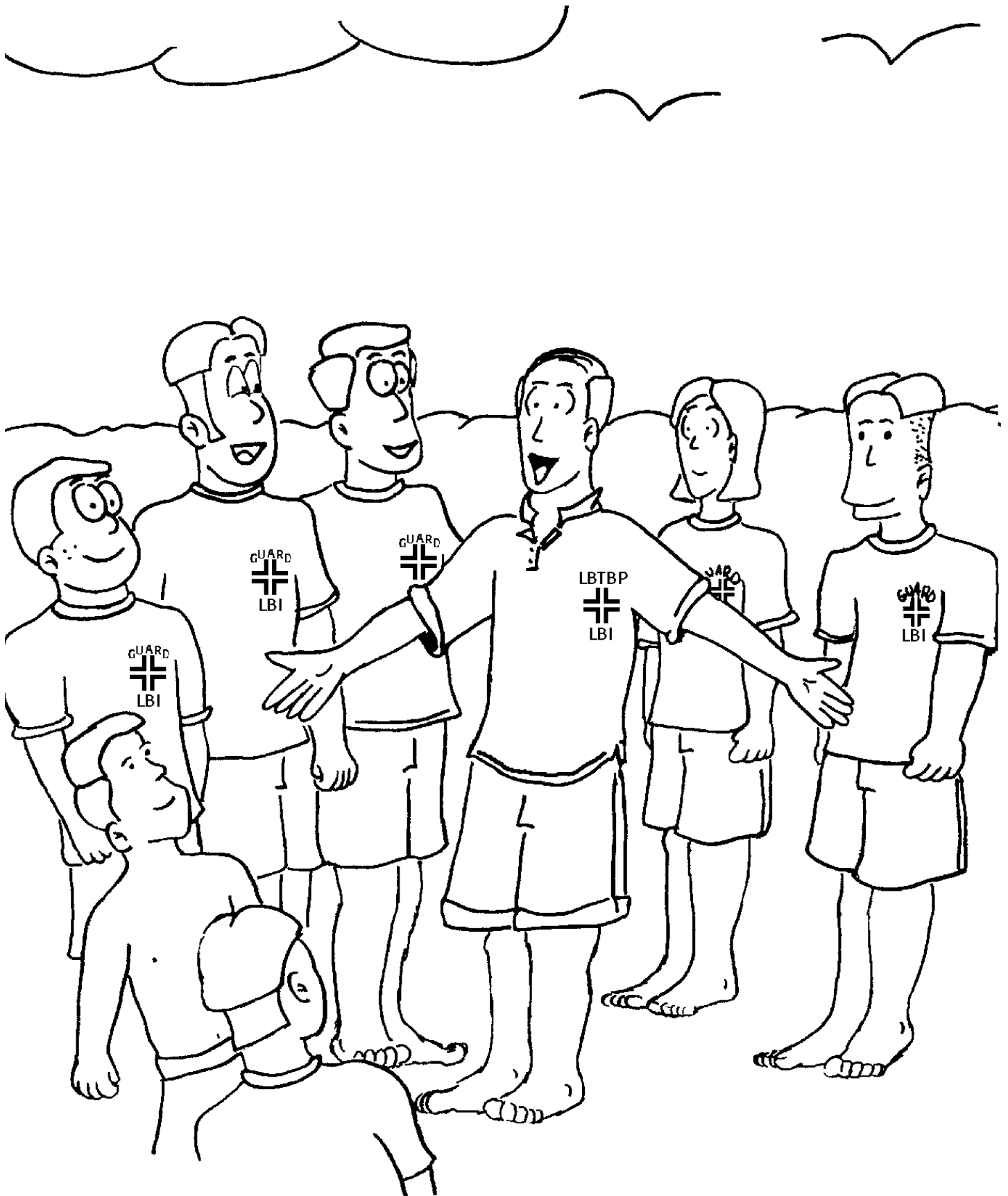
The lifeguards will help you get back to the beach.



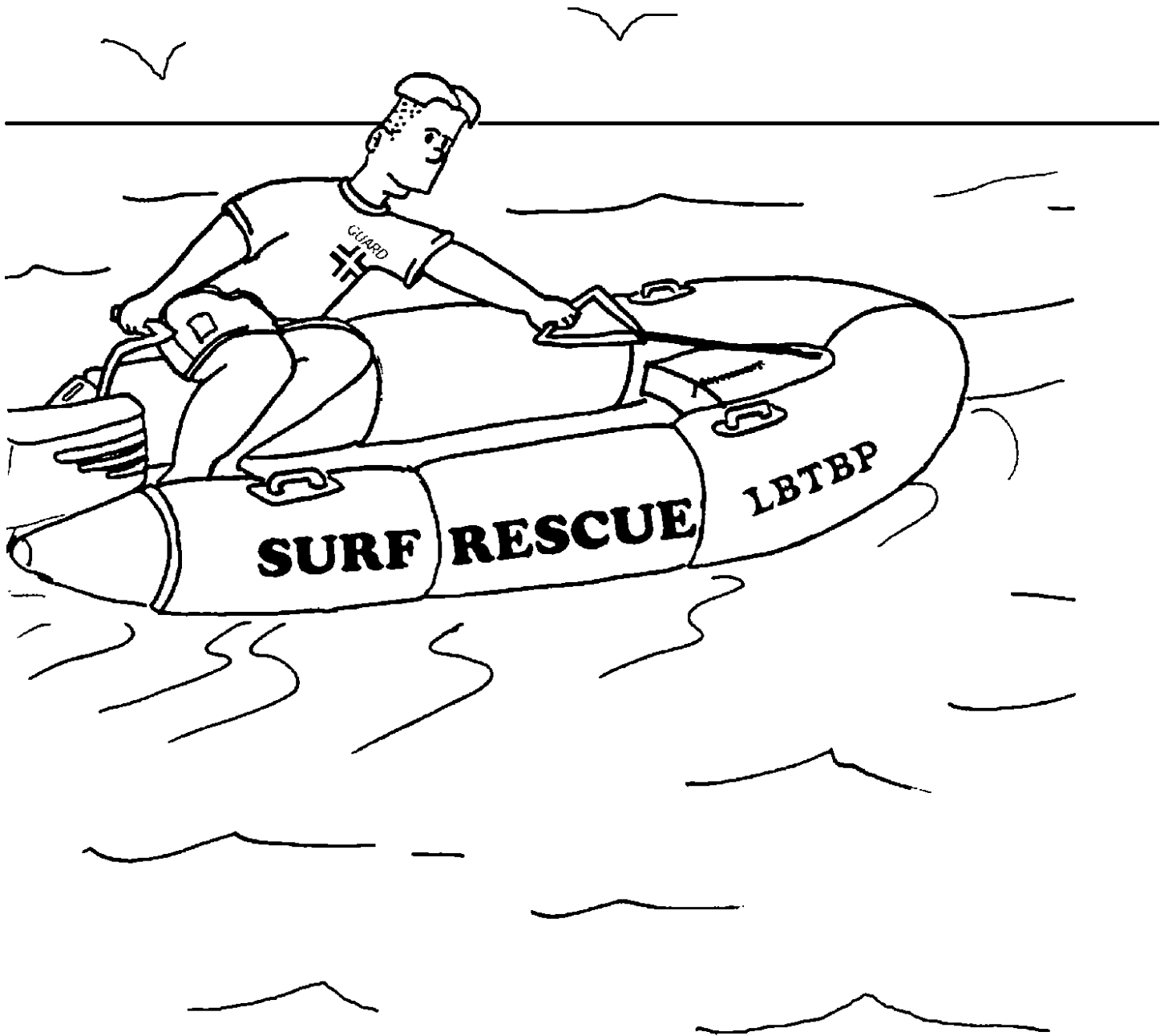
If you get lost, go to the lifeguard for help.



When unsure of water depth jump in feet first, not head first.



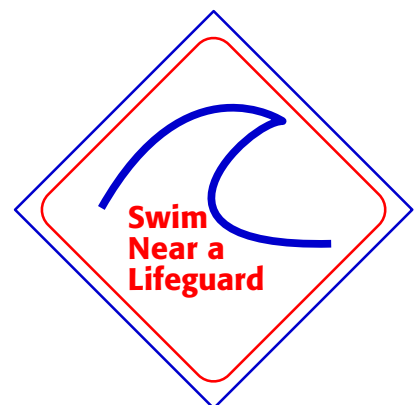
Long Beach Township Beach Patrol lifeguards will make sure that you are safe while you have fun on the beach.



Some lifeguards patrol the ocean with inflatable rescue boats.

Swimmers' Responsibility Code

1. Learn to swim.
2. Never swim alone. Always swim near a lifeguard.
3. Check with the lifeguards about ocean and water conditions.
4. Learn and obey the rules of the beach and the swimming area.
5. Report dangerous situations to the lifeguard.
6. Never dive head first into shallow water. Check the depth of the water with your feet.
7. Do not go on the beach or in the water if you hear thunder or see lightning.
8. If you get into trouble while swimming, you should call for help and wave one hand back and forth over your head.
9. Do not swim in strong currents or rip tides.
10. This is only a partial list of safety precautions. Try to learn more about water safety.



Enjoy our beaches, but don't let foolish actions ruin your day.